



54 Nagle Avenue
NY, NY 10040
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www.ywashhts.org

FEELING STRESSED OR OVERWHELMED?



JOIN US FOR OUR CAREGIVERS SUPPORT GROUPS

Groups meet the **last Wednesday** of every month from 6:30pm-7:30pm

OR

The **last Thursday** of every month from 11:00am-12:00pm

For more information about services for Caregivers
or to RSVP for the Support Group, please contact

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